

Denise Falcon

Denise Falcon's journey into social work is deeply rooted in her experiences growing up during the transformative 60s and 70s, a period marked by strides in racial equality and the women's movement. Her personal path through mental health and recovery, shaped by growing up in a household affected by alcoholism, ignited her passion for helping others. What began as a personal struggle soon became a profound calling.

While pursuing her bachelor's degree, Denise immersed herself in mental health settings to explore her vocation. Her early work at the Regional Center in Norfolk, Nebraska, exposed her to the challenges faced by individuals and families in rural communities. This experience highlighted the pressing need for accessible mental health services, particularly as community programs began to emerge in the 70s and 80s, shifting focus from institutional care to community-based support.

Denise continued to refine her expertise with the Community Office for Mental Health in Omaha and the Richard Young Center while earning her master's degree in social work. She found that the ethics of social work resonated deeply with her personal values—emphasizing the importance of meeting people where they are, assessing their needs, and leveraging their strengths to set meaningful goals.

Today, Denise specializes in supporting individuals who have experienced trauma, including past physical or sexual abuse and the grief of losing a loved one. Her commitment lies in offering relief and fostering a renewed perspective on life, guiding her clients towards living with joy and resilience. Through her compassionate approach, Denise continues to make a profound impact in the field of mental health.